

Woman at the Well

Preschool Lesson

Theme: Jesus satisfies our thirst for God.

Scripture: John 4:5-34

Memory Verse: “But those who drink the water I give will never be thirsty again. It becomes a fresh, bubbling spring within them, giving them eternal life.” John 4:14 (NLT)

Get Ready: Click [here](#) to get your complete supply list for this lesson.

The Children’s Sermon:

You’ll Need:

- A bottled sports drink
- A cup or small bottle of water for each child

Most of you probably play some kind of sports. Raise your hand if you play sports.
(Pause.) **What kind of sports do you play?** (Allow responses.)

Whether you play sports or just play hard, you know that when you’re exercising, it’s very important to take in plenty of liquids. (Give each child a cup or bottle of water. Tell children that when they hear the word “water,” they are to take a sip of their water.)

The question is: What kind of liquids should you drink?

Ordinary water, (pause) of course, is a good choice, but when you go to the store, (Hold up the sports drink) the shelves are full of all kinds of sports drinks, energy drinks, and flavored water (pause). It’s hard to know what’s best.

The advertisement for one popular brand of sports drink says, "It's better than water (pause), juice, or any other drink. It gives your body what it is thirsty for! It gets you going and keeps you going."

Wow! They have me convinced, but one thing I’ve noticed: In all the claims made by sports drinks, not once have they ever claimed that if you would drink their product, you

would *NEVER* be thirsty again. If somebody had something that would do that, they would really have something, wouldn't they? Well, Jesus claimed to have that very thing!

One day Jesus was walking through a town in Samaria. He was hot and tired so he sat down beside a well to rest. A woman came to the well to get some water (pause) and Jesus asked her if she would give him a drink. The woman was surprised that Jesus spoke to her because Jews would not usually speak to Samaritans.

Jesus told her that He could give her living water! (pause)

She didn't understand what He was talking about so she said, "You don't even have anything to get water in, (pause) how can you give me living water?" (pause)

Then Jesus said, "Whoever drinks from the water (pause) from this well will be thirsty again, but whoever drinks the water (pause) I give him will never thirst again."

Wow! Water (pause) that would satisfy your thirst so you would never be thirsty again! Jesus wasn't talking about our thirst for water from a well. (pause) He was talking about our thirst for God. The Bible teaches us that we have a thirst in our heart for the living God. And that is a thirst that only Jesus can satisfy. So when we have Jesus in our heart, He satisfies our thirst for God and we will never thirst again! Jesus is life! Drink it up!

Pray: Dear Lord, You have given us Jesus, the Living Water. (pause) May we drink of Your Living Water (pause) so we will never thirst again. In Jesus' name, amen.

Bible Memory Verse: "But those who drink the water I give will never be thirsty again." John 4:14 (NLT)

You'll Need:

- ["Living Water Preschool" handout](#)
- Water color paint
- Paintbrushes
- Cups of water
- Something to clean up with

Give each child a "Living Water Preschool" handout.

Read the verse to the children. Have children repeat the verse after you.

Say: **Jesus promises to give us living water so we will never be thirsty again. The living water means that He will help us when we are thirsty to know more about God. Let's use these watercolor paints to paint our verse.**

As children paint, continue to read the verse to them.

Afterward, practice saying the verse several times with children so they can learn it. Encourage preschoolers to share their Bible memory verse with their families.

Interactive Scripture Reading: John 4:5-34

Thirsty Clothesline Characters

You'll Need:

- [Woman at the Well How-to](#) video
- Clothesline or heavy string
- Two people to hold the clothesline up
- 8 clothespins
- Woman's dress
- 3 men's shirts
- A wig for Jesus (optional)
- 2 different men's hats (optional)
- Woman's wig (optional)

Get Ready: This is a fun way to act out the Scripture. To make the clothesline characters, hang four outfits on the clothesline: Jesus, the woman, and two disciples (in that order). You will also need someone to read the Narrator part or you can read that part yourself.

Tell children that you're going to use clothesline characters to help tell what happened in the Bible today.

Have the Narrator follow this script while you move to the character who is saying the lines each time. Use different voices and pantomime any actions.

Narrator: **Jesus was tired from the long walk, so he sat wearily beside the well about noontime.**

Narrator: **Soon a Samaritan woman came to draw water (move to the woman's costume) and Jesus said to her...**

Jesus: **Please give me a drink.**

Narrator: **The woman was surprised that Jesus was talking to her..**

Woman: **You are a Jew, and I am a Samaritan woman. Why are you asking me for a drink?**

Jesus: **If you only knew the gift God has for you and who you are speaking to, you would ask me, and I would give you living water.**

Woman: **But sir, you don't have a rope or a bucket and this well is very deep. Where would you get this living water?**

Jesus: **Anyone who drinks this water will soon become thirsty again. But those who drink the water I give will never be thirsty again. It becomes a fresh, bubbling spring within them, giving them eternal life.**

Woman: **Please, sir, give me this water! Then I'll never be thirsty again, and I won't have to come here to get water.**

Narrator: **Jesus and the woman kept talking for some time until the disciples came back from town. They were shocked to find Jesus talking to a woman.**

Disciple 1: **Oh my! What is Jesus doing!?**

Disciple 2: **I don't know but he's talking to that woman!**

Disciple 1: **Why would Jesus do that?**

Disciple 2: **I don't know but I'm not about to ask him. You ask him!**

Disciple 1: **No! You ask him!**

Disciple 2: **No! You!**

Disciple 1: You!

Disciple 2: No you!

Narrator: Okay that's enough. Soon the woman came back from town.

Woman: I told everyone about you and now they want living water too!

When the reading is over, bring kids together and discuss:

- **What do you think about what Jesus said to the woman at the well?**

Say: **When we are thirsty for God, it means that we want more of God. We love coming to church. We want to learn from the Bible. We look forward to singing and praying.**

Read Matthew 5:6 from your Bible and encourage children to stay thirsty for God.

“Water Is for Living” Video Lesson

You'll Need:

- [“Water Is for Living” video lesson](#)
- Something to play the video

Tell preschoolers that this is a video that will help them understand how important water is and why “living water” is even more important. Show them the video.

Afterward, ask: **What did you learn about water from this video? What questions do you have about living water?**

Jello Jigglers Snack

You'll Need:

- Homemade Jello in a pan ([follow this recipe](#))
- Cookie cutters
- Plates
- Napkins

Get Ready: For children under 4 years of age, cut JIGGLERS® into small bite-size pieces.

Say: **Today we're learning that Jesus satisfies our thirst for God with living water. We're going to have a snack that takes water to make it.**

Tell children how you made the snack.

If you're taking the pan of Jello directly from the refrigerator, dip the bottom of the pan in warm water for 15 seconds.

Have children use cookie cutters to cut out shapes for their snack. Then enjoy!

Water Relay

You'll Need:

- Small Dixie cups
- 2 buckets, full of water (or popcorn if playing inside)
- 2 clear 16-ounce cups

Get Ready: If possible, play this game outside and use water. If not possible, use popcorn indoors. Place two 16-ounce cups at one end of the room. And place two full buckets of water (or popcorn) at the other end of the play area.

Form two teams. Have teams line up at one end of the room.

Follow these steps to play the game:

- The first player fills his/her paper cup with water (popcorn).
- The player runs to the empty cup and dumps the water (popcorn) in it.
- The player returns to the line and gives the cup to the next person.
- That player repeats the steps.
- Play until one of the cups is full and overflowing.

The team that filled the cup first wins.

Say: **This game reminds me of our Bible memory verse because the water (popcorn) bubbled over the glass.**

Ask preschoolers to recite the Bible memory verse again: "But those who drink the water I give will never be thirsty again." John 4:14 (NLT)

Water Paint Craft

You'll Need:

- Watercolor paper
- Liquid watercolors
- Squirt bottles
- Clothesline or heavy string
- Clothespins
- Plastic tarp for inside

Get Ready: Fill each squirt bottle with a different watercolor paint. For this craft, you'll need to hang the watercolor paper on something like a clothesline. You can hang the line across your room (with plastic underneath it) or even on a fence outside.

Help preschoolers follow these steps to make a Water Paint Craft.

- Hang a sheet of watercolor paper on the line.
- Spray several different colors on the paper.
- Remove the paper and put it in a place to dry.

Remind children that Jesus gives us living water and just as this water made beautiful art, Jesus makes something beautiful out of our lives.

Thirsty Prayer

Say: **Tell about a time that you were really thirsty.** (Allow time for responses.)

Teacher: Tell about a time you have been very thirsty for having God in your life or learning more about God or the Bible.

Say: **What are some things you need from God? You could say that these are things that you are thirsty for from God.**

Once children have shared things, lead them in a prayer for the things they've asked for.

Pray: **Dear God, we are thirsty for You. We thirst for these things...**(complete with preschoolers' requests).

Time to Praise God

You'll Need:

- Song: "Jesus Is the Living Water"

(Sung to the tune "Jesus Loves the Little Children")

[Words and Music](#) (pdf)

[MP3](#) Piano accompaniment Track (right click to save to your computer)

- Song: "Jesus Met the Woman at the Well"

[Words and Music](#) (pdf)

[MP3](#) Piano accompaniment Track (right click to save to your computer)

- Song: "I Heard the Voice of Jesus Say" (2nd stanza)

[Words and Music](#) (pdf)

[MP3](#) Piano accompaniment Track (right click to save to your computer)

These songs are in the public domain and may be freely downloaded and reproduced for religious or educational use by churches, schools, home schoolers, and other non-profit organizations.

Say: **Jesus gives us living water. Let's sing and remember that Jesus satisfies our thirst for God.**

Lead children in singing “Jesus Is the Living Water,” “Jesus Met the Woman at the Well” and “I Heard the Voice of Jesus Say.”

If You Have Extra Time...

Use these activity sheets to fill in any time and keep preschoolers learning.

[Woman at the Well Coloring Page](#)

[Samaritan Woman Coloring Page](#)

Complete Supply List:

- [Sports drinks](#)
- [Water color paint](#)
- [Paintbrushes](#)
- [Clothesline or heavy string](#)
- [8 clothespins](#)
- [Jello](#)
- [Cookie cutters](#)
- [Small Dixie cups](#)
- [Popcorn](#) *optional
- [Watercolor paper](#)
- [Liquid watercolors](#)
- [Squirt bottles](#)
- [Plastic tarp for inside](#)

[Back to top](#)